

Dear Doula

PLACENTA SERVICES

# Placenta Services

Your placenta has more gifts than you might know. Every placenta service is prepared with care, and includes the essentials below.

## Every placenta service includes

- The Dear Doula Self-Care Kit
- Full email, text, and phone support from the moment we begin
- Discounts on all Dear Doula offerings and products

## Simply Placenta

**\$335**

- Placenta encapsulation
- Choice of preparation method
- Pick up and delivery
- Placenta guide
- Umbilical cord keepsake

## Pamper My Placenta

**\$385**

- Everything in Simply Placenta, plus:
- Placenta Hooch
- Simply Salve
- Placenta art with frame
- The Dear Doula Zen Gift

## A la carte

Placenta Hooch	\$45
Simply Salve	\$25
Framed Placenta Art	\$15

## What each one is

### Placenta encapsulation

Your placenta is gently dehydrated and made into capsules. An average placenta yields 75 to 200 (it depends on size), and they store safely in your freezer for years. Some use them in the early postpartum days; others save them for later seasons: a dip in milk supply, PMS, mood shifts, even menopause.

### Placenta Hooch (tincture)

A small piece of your placenta is preserved in high-grade alcohol to make a tincture that lasts long after the capsules are gone. It takes about six weeks to prepare, and can gently support you through transition, emotional shifts, or menopause. At this dilution there is no intoxicating effect: less alcohol than a regular cough medicine.

### Healing placenta salve

A fine portion of your placenta powder is infused into a high quality healing salve. Placenta has long been used in skincare for its restorative properties. This salve is soothing and rejuvenating, and can be used on healed surgical scars, diaper rash, insect bites, or perineal tears once stitches have dissolved.

READY WHEN YOU ARE

## Let's talk over tea.

The best place to start is a relaxed conversation. Tell me where you are in your journey, and we'll find the right way for me to support you.

[Book a virtual tea](#) or [hello@deardoula.love](mailto:hello@deardoula.love)